

**P** APPROVED PARKING

**Albanel**

- Community centre, 311, rue de l'Église
- Municipal building, 160, rue Principale
- Club des sportifs, 1493, Route 169

**Dolbeau-Mistassini**

- 265, boul. des Pères

**Girardville**

- Municipal building, 180, rue Principale

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**REPAIRS (R) LEASE (L) VENDOR (V)**

**Dolbeau-Mistassini**

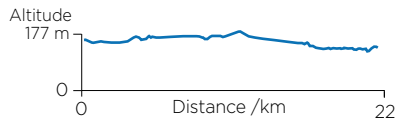
- (RV) - Sports Experts, 418.276.3010
- (RV) - Ferlac inc., 418.276.3918
- (RV) - Sports Ben, 418.276.7890
- (R) - Vélo mécanique, 418.515.3479

**MAP 13A** ▶ 22 km  
**ALBANEL TO DOLBEAU-MISTASSINI**

**Departure:** Church, 153, rue Principale Albanel

**Arrival:** Pointe-des-Pères Rest area 40, boul. des Pères Dolbeau-Mistassini

**Vertical gain:** 107 m

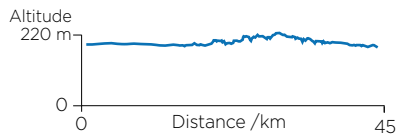


**MAP 13B** ▶ 45 km  
**AU FIL DES RIVIÈRES ASSOCIATED NETWORK ALBANEL TO GIRARDVILLE**

**Departure:** Club des sportifs 1495, route 169, Albanel

**Arrival:** Church, 153, rue Principale Albanel

**Vertical gain:** 204 m



This route in crushed stone from **0** to **2** will lead you through plains and into the boreal forest. Take your time and admire the falls of the Mistassini River or savour the gigantic fresh blueberries towards the end of July.

**3** The *Parc régional des Grandes Rivières* encompasses and protects 14 separate areas over 100 km<sup>2</sup> in the RCM Maria-Chapdelaine. Seven rivers crisscross throughout the land (Mistassini, Mistassibi, Péribonka, Ashuapmushuan, Ouasiemsca, Micosas, Aux Rats).

## WHAT TO SEE & DO!

- 1 AVENTURAI D/PARC MAHIKAN** (wolves and bears observation, trails, canoeing-kayaking)
- 2 ÉCONOMUSÉE DE LA CONFITURIÈRE : BLEUET SAUVAGE** (specialization of wild blueberry, visit, boutique)
- 3 PARC RÉGIONAL DES GRANDES RIVIÈRES** (hiking trails, observation tower, fauna and flora interpretation)